



# The Metropolitan Messenger

Sharing the light and love of Jesus Christ in Metro Detroit  
May 2011 • Volume 13 • Issue 4

## METROPOLITAN IN MISSION



### Clean the D –Change the World

“Change the World” is a global movement of United Methodists doing what they can to improve lives and community. On Saturday, May 14, 2011, Metropolitan Church will connect with the global movement by joining forces with the 2011 Woodward Avenue Action Association’s (WA3) “Clean the D” event. Teams of neighborhood volunteers will engage in major clean-up efforts to make a difference at the Woodward Avenue Gateway.

**What: Change the World**  
**When: Saturday, May 14, 2011**  
**Time: 8:30 AM - Noon**  
**Where: North-End Area/ Woodward Gateway**

The gathering location is to be announced. Volunteers will be treated to a continental breakfast. Everyone will be entered in a drawing to win valuable prizes. Please wear clothes and shoes that you can get dirty and dress in layers. Bring work gloves and any tools you think might be useful as you help clean up Woodward. Trash bags will be provided. Donations of small snacks (granola bars), water, and work gloves would be greatly appreciated.

Please call the church office (313-875-7407 ext. 301) to sign up to participate in this event. Please leave your email address or phone number so that we can reach you with specific details. If you have questions, visit our website at <http://metroumc.org/ChangeTheWorld> or contact Rev. Mary LaVerne Jackson at ext. 202.

Looking forward to cleaning up Detroit and Changing the World on May 14!

Rev. Mary LaVerne Jackson  
Minister of Mission and Community Outreach

**CHANGE**  
**THEWORLD**  
May 14

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## DISCIPLESHIP AND SPIRITUAL FORMATION

**National Day of Prayer**  
Thursday, May 5  
6:45 PM, Wesley Chapel



May 5, 2011 marks the 60th annual observance of National Day of Prayer. Please join us for community prayer with your Metropolitan friends as we pray for our nation and city. Begin the Wesley Thursday and Friday Noon Prayer Watch by seeking God for our nation. All are welcome

### Prayer Ministry

**Wesley Watch** - Fast the first Thursday to Friday of each month, from sundown Thursday evening until Friday at noon (or until 1pm). John Wesley, one of the founders of Methodism, spent concentrated time in fasting and praying as part of his spiritual discipline. We join together in this practice for intentional prayer.

Suggested fasts: food (total or partial, desserts/snacks); Daniel fast (eating lightly: fruits and vegetables); media (TV/phone/computer). For biblical meditation, read Isaiah 58:6-12.

**Friday Noon Watch** - Each Friday at noon, we are asking that as community we join together in prayer for Metropolitan. You may pray at home, at work, at school, anywhere you are, spend some time between noon and 1 o'clock in prayer. You may pray with others or alone, but seek the Lord during this hour.

**Prayer Walk** - On Friday, May 13 join us for a high noon prayer walk around Metro community. As part of our connection with Change Your World Day scheduled for May 14 and 15, we will be prayer walking in the area around the church. Come and be a part of the exercise of prayer both physically and spiritually.

If you want to spend more time in prayer and get involved in prayer ministries, contact Rev. Cathee Miles, Gwen MacIntyre, or any of the prayer ministry team. (Rev. Cathee -313-875-7407, ext. 315, email: [cjmiles7@att.net](mailto:cjmiles7@att.net)).

### Conferences

#### **Renovaré Essentials Conference**

Saturday, May 7, 9:00 AM - 5:30 PM

Founded in 1988, Renovaré promotes a bold vision for personal and corporate spiritual renewal. By embracing the best of several Christian traditions, unearthing timeless wisdom for Christians across the ages and merging these with the advantages of our culture today, we can engage in spiritual growth that is practical, insightful, and very rewarding. Cost: \$20. Place: Swartz Creek UMC, near Flint. For more info, contact Rev. Miles.

#### **Aldersgate 2011**

National Conference on Spirit-filled Living, July 27-31, Dayton, OH

This conference is for everyone looking for a fresh encounter with God and God's Spirit. This is a family oriented ministry and there is something for every age. For more info go to [www.Aldersgate2011.org](http://www.Aldersgate2011.org) or contact Rev. Cathee Miles, Gwen MacIntyre, Dale Thomas, or Chuck and Betsey Arnold.

## CHILDREN'S MINISTRY

This summer we're reaching out to children in our community by offering several programs for children in our congregation and neighborhood. We need hands to help us make this happen. Please invite children to participate. More details will be available this month.

### **Metropolitan's Children's Day Camp**      June - August      Ages 6-11

As part of our connectional ministry with Motown Mission Experience (MME), Metropolitan is partnering with MME to implement a children's day camp ministry to our Metro community. We are in need of volunteers to help serve as mentors, readers, game leaders, prepare lunches, and various other responsibilities. You must be certified in the children's protection policy of the Conference or Safe Sanctuary to participate. More detailed information will be available in the coming month. Please contact Rev. Miles if you want to be a part of this new outreach to our kids.



### **Sizzlin' Summer Games Sundays**      coming in July

As part of our day camp ministry, we will also be doing a sports camp theme with kids from Metro and in the neighborhood. Your help will be needed. Please consider using part of your summer to make new friends and actively engage with SIZZLIN' SUMMER GAMES. This will take place the last half of worship service and kids will enjoy games with a gospel message, lunch, and other activities. Contact Rev. Miles if you are willing to assist.

### **Camp Coordinator Needed**

If you would be willing to help facilitate fundraising and encouraging our children and youth to attend United Methodist Camps this summer, this opportunity is for you!

Contact Rev. Miles for more information at ext. 315 and to sign-up for activities regarding children's ministry this summer.

## YOUTH MINISTRY

**Youth Bake Sale**  
**Sunday, May 8**  
**12:30 PM**

Youth Bake Sale proceeds will help youth attend the Motown Mission Experience this summer. Please bring your baked items into Kresge Hall before Sunday school or worship service on May 8th. No pre-sale items will be available.

### Contest for Kids and Youth

#### **Name the Day Camp for Metro.**

A prize will be awarded for the most creative or clever title that describes this outreach. Write out your title/name/idea and put your name on the bottom of the sheet and turn it in to the office for Rev. Miles.

## GOOD SAMARITAN MINISTRY

### Cooking Matters Class

The Good Samaritan Ministry is sponsoring a cooking and nutrition class. This class is offered to our Good Sam clients and those in the congregation who want to learn to eat healthy and shop wisely. It teaches adults about healthy meal preparations and sensible shopping on a limited budget. The class is taught by area volunteer chefs and nutritionists sharing their strengths as our instructors.

Classes will be held in June for 4 weeks on Wednesdays at 11:00 AM - 1:00 PM. Participants must be committed to attend all 4 sessions. You are given a curriculum booklet, recipes, and ingredients at the end of each class. The last class will include a shopping trip to the supermarket to teach you how to select foods and read labels.

For more information and to reserve your place call Vivien Green at 313.875.7407 ext. 302. Leave a message and your call will be returned.

- Vivien Green



## HANDBELL NOTES

All Handbell ensembles will play for worship in May. After May, the Handbell Ensembles will be on hiatus for the summer, except for the Epworth Bells. The Epworth Bells play on June 19 for Senior Pastor Rev. Tonya Arnesen's last Sunday at Metropolitan.

Epworth Bells and the Bell Quintet will resume rehearsals on Wednesday, September 14. Epworth Bells will play for worship on Homecoming Sunday, September 18. The Quintet will play in October. Youth Bells will resume rehearsals on September 18 and be ready to play in October.

It has been a good year for the handbell program with 2 new members added to the Epworth Choir and 6 new members to the Youth Bells.

We appreciate the support the congregation provided for our fundraising program during October, November, and December of 2010, as we sold the Entertainment Books. Monies raised will be used to refurbish a fourth octave of bells this summer.

My sincere thanks to all the members of the handbell program who attended rehearsals each week, kept the program vibrant, and contributed to the worship experience of the congregation.

We look forward to our 42nd year of providing handbell music in 2011-2012.

- Dick Eccles, Director of Bell Choirs

## SPRC

Staff-Parish Relations Committee

**Rev. Arnesen's Final Sunday** in the pulpit at Metropolitan will be **Sunday, June 19th, 2011**. A reception for Tonya and David Arnesen will be held that day in the parlor, immediately following worship. Plan to attend to share memories, to celebrate and offer gratitude to God for Rev. Arnesen's service in the life of our congregation, and to lift the Arnesen's with our prayers and good wishes as they move on to continue God's work in their new appointment.

## UNITED METHODIST WOMEN

Thank you to everyone who attended the Lenten Luncheon. We especially thank Loren Burns who shared a poem and Andrew Galuska who provided the gift of music. It is our hope that you enjoyed the time of fellowship as we welcomed spring. Photographs will be posted on the UMW Bulletin Board.

Metropolitan's United Methodist Women usually meets the 3rd Saturday of the month at 10:00 AM at the church unless another time and place is specified. The activities consist of study, hands-on projects and fellowship. Please check the Sunday Bulletin for exact locations and time.

### Upcoming Events

- |              |   |
|--------------|---|
| May 21       | Mission Study: Discovering Haiti  |
| June 18      | UMW Fellowship Brunch<br>(Big Boy Restaurant, 7033 East Jefferson, Detroit, MI) |
| July 16      | School of Christian Mission – Big Beaver UMC, Troy                              |
| August       | Planning sessions – no regular meeting;<br>nominations committee meets          |
| September 17 | Kiwanis Book Stickering<br>(45 East Milwaukee, Detroit, MI)                     |
| October 8    | Annual UMW Ingathering at 9:00 AM<br>(Nardin Park UMC, Farmington Hills, MI)    |
| November 19  | World Medical Relief Work Day<br>(11745 Rosa Parks Blvd, Detroit, MI)           |
| December 17  | Moravian Lovefeast candle wrapping/<br>Christmas Party                          |



United  
Methodist  
Women

FAITH • HOPE • LOVE IN ACTION

## PRAYER LIST

Keeping each other in prayer

**For Health & Healing:** Dovie Allgood (mother of Gracie Hanks), Gary and Grace Angel, Elwyn Bush, Linda Byrd, Sam Dorsey, Andrew Galuska, Sandra Dickens-Guy (sister of Rose Marie Swanson), Bob Hanna, Mozella Rice (mother of Kimberly Rice), Sharon Teshka, Barbara Twachtman (daughter of Doris Timmons), Carmen Zeigler

**For Support & Guidance:** Burns family, Margaret Gasama, Mary Joyner (mother of Beverly Drakeford), Robinson family

**For Ongoing Health Needs:** Jerry Batey, Henry Beamon, Carolyn Bolen, Hazel Boley, Jacqueline Burns, Desmon Charlet, Glynis Cullens, Fred Douglass, Ervin Erickson, Ruby Fassold, Jean Fuqua, Gloria Gamble, Edith Geyton, Marjorie Goodwin, Betty Gray, Martha Green, Juanita Hammond, Karen Hand, Richard Jackson, Daniel Jacobs Jr., Doris Jeffries, Norma Jend, Lolita Douglas-Johnson, Renee Johnson, Jim Kitson, Wilma Lakin, Vivian Lyles, Mary MacDonald, Clifford McCartney III (grandson of Carol McCartney), Ed McKeenan, Rick McMurray (brother of Steve McMurray), David Morris (brother of Rev. Arnesen), Dr. Gbanyon Natt, Evelyn Newbill, Lois Nichols, Jean Nicholson, Terence Noble, Charles Porter, Freddie Prather, Dr. William Quick, Anita Reece, Birdie Rice, Arsha Rubyan, Nancy Simon, Inez Swint, Bernice Thierry, Mary Trigg, Eva Thomas, Tristan West, Cherian Zachariah

**For Their Service in the Armed Forces:** 2nd Lieut. Hernando Flowers (Army), Zachary King (Army), Lcpl. Floritta Wilson (Marines)

**For Loving Elementary School:** for its teachers, administrators, students, and families

## FAMILY MOVIE NIGHT

Friday, May 13

Free Family Movie Night is Friday, May 13, 2011. The film for our last movie night of the season will be "Tron," an action movie. Enjoy something new in addition to popcorn and candy: we will sell hot dogs for 50 cents. After May, Family Movie Night will resume in the fall.

## BOOK DRIVE

New or used children's books in good condition are needed to start two new primary school libraries in Zimbabwe. A container is being shipped from First UMC of Saline, MI. They are hoping to fill it with 4000 books or more! The Metropolitan UMC library staff will be sorting through our books in the church library and hope you will do the same at home. You can drop off your donations in the boxes labeled, "Books for Zimbabwe", located in the church library. Books are needed by Saturday, May 14. Thanks for your support!

- Pam Ebersold

## PRAYER FOCUS for May

Jesus, the Resurrection and the Life

Luke 24: 5-7

John 11:25-26

Acts 2:29-33, 36

## Submissions

Articles and information for the next Messenger are due no later than May 20th. Please submit information to [emitchell@metroumc.org](mailto:emitchell@metroumc.org) or to the church office.

## UPCOMING DATES AND EVENTS

### May 2011

|                  |                            |
|------------------|----------------------------|
| Thursday, May 5  | National Day of Prayer     |
| Thursday, May 5  | Community Prayer Gathering |
| Sunday, May 8    | Mother's Day               |
| Sunday, May 8    | Youth Bake Sale            |
| Saturday, May 13 | Prayer Walk                |
| Saturday, May 14 | Change the World           |
| Sunday, May 21   | United Methodist Women     |
| May 18-22        | Detroit Annual Conference  |
| Monday, May 30   | Memorial Day               |

### June 2011

|                 |  |
|-----------------|--|
| June            | Children's Day Camp Begins                 |
| Sunday, June 5  | Scholarship Sunday                         |
| Sunday, June 5  | Ascension Sunday                           |
| Sunday, June 12 | Pentecost                                  |
| Sunday, June 19 | Father's Day                               |
| Sunday, June 19 | Reception for Rev. Tonya and David Arnesen |
| Sunday, June 26 | Laity Sunday                               |

